“I’ve Got a Problem With Stress”
Luke 10:38-42

In Luke 10, Jesus came to the city of _______ and stopped at the home of 2 sisters named Martha and _______. Martha found out that, when you try to _______ for the Lord without spending ______ with the Lord, you get stressed out. Luke 10 reveals 3 lessons about how to handle the problem of _________.

1. The ___________ of Stress.
   A. Frustration with Your _______________. Martha felt like she was serving the Lord all by _______________.
   B. Anger at the _______. She said, “Lord, don’t you _____?”
   C. Jealousy toward ____________.

2. The _________ of Stress.
   A. We Try to ____ Too Much.
   B. We Worry About What People ________.
   C. We ________ Our Relationship with the Lord. Martha was in a situation where she could not hear the ________ of Jesus.
   D. We Experience A Major ________ in Life.

3. The ______________ for Stress.
   A. Take Time to _______.
   B. _______ with the Lord. 1 Peter 5:7
   C. ________ to the Lord. Matthew 11:28, Isaiah 40:31