

“How to Lower Your Temper (ature)”
Proverbs 16:32

Anger is a major _____ in society today. We need to know how to _____ our temper. The book of Proverbs offers 3 guidelines to help us tame our temper.

1. _____ Anger is Scripturally Condoned.

- A. The Bible Describes _____ Anger. Psalm 7:11
- B. The Bible Encourages _____ Anger. Eph 4:26

2. _____ Anger is Severely Condemned.

- A. It is _____. Pro. 14:17
- B. It is _____. Pro 15:18
- C. It is _____. Pro 19:19

3. _____ Anger is to be Spiritually Controlled.

- A. Think Before You _____. James 1:19
- B. Don't Make a Big _____ out of Everything. Pro 19:11
- C. Learn to _____ Your Voice. Pro 15:1
- D. _____ Angry People. Pro 22:24-25

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